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AMOSKEAG FLANNELLETS, Plain and Fancy. To close at 9c a yd

We have also reduced all other goods in our Gents' and Ladies' Furnishing Goods and Shoe Departments in correspondingly low prices.

GIVE US A CALL if you are in for economy.

## Yee Chan & Co.,

Corner King and Bethel Streets.

## GOVERNMENT TRYING TO RELIEVE FAT MAN

Studying Effect of Weather on Him—Humidity Is His Greatest Enemy—Compared With Steam Engine.

WASHINGTON, Sept. 25. — In its constant endeavor to make everybody happy and prosperous, the United States government has taken up the question of the influence of the weather on human beings, especially on fat men. An abundance of sub-cutaneous fat, it has been discovered by the meteorological sharps in the Department of Agriculture, lower metabolism, by presenting a relatively less body surface for heat dissipation, and by protecting against radiation-conduction and evaporation. At higher temperatures, with humid air, heat loss is so much interfered with in fat persons as to cause them to suffer more distress under these circumstances than slender subjects.

Heat dissipation, the government experts admit, is far less responsible than the ordinary form of alcoholic dissipation. The lesson to be learned from this most erudite inquiry on the part of Uncle Sam is also quite clear, viz., fat men should emigrate to the Polar regions, where there is scarcely any humidity, much less heat. Some occupation up there in the frozen fields of the north will doubtless be indicated in future studies by the government experts. Meantime, it is suggested, they might clear away the ice at the Pole and organize a baseball club. Water polo, too, would be fine.

The atmospheric conditions that especially affect the escape of heat from the body, says Dr. John Benjamin Nichols, are temperature, humidity and wind. When the temperature of the air and the body are the same the body cannot radiate heat, and the only relief is by evaporation—air currents. The oxidation of the body increases as the temperature of the air increases, and practically stops at 33 degrees centigrade. Each germ of perspiration takes away 59-100 calory of heat from the body.

The steam engine puts 15 per cent of fuel energy into engine power. The human body may do a little better, its average of body energy derived from food energy varying from 13 to 20 per cent.

Most of the heat or energy of the average resting man is given off in the shape of radiation, 76.7 per cent. Practically all of the rest, 22.2 per cent, is dissipated in perspiration. In the case of the workman, 74 per cent of the heat or energy he gives off is by radiation and conduction, 15 per cent is by perspiration and 10 per cent and a fraction goes into external muscular work. Unless the atmospheric conditions are such that a man can give off his surplus of heat and energy he cannot work or even move, and the accumulation of the heat and energy would soon kill him. The danger and discomfort of humidity lie in the fact that they tend to stop perspiration.

When the air is completely saturated with moisture a man cannot perspire at all. Winds and even imperceptible air currents greatly increase the ability of the body to give off heat. A combination of heat and humidity causes sunstroke.

Though Dr. Nichols does not suggest it, ballooning is considered by the government sharps as an ideal way to cool off a fat man. If he has not the price, he can go up and sail around under somebody else's gas bag. Sitting on the cow catcher of a locomotive is a most excellent mode of reducing the body temperature below the danger point, provided the locomotive is in rapid motion. Automobiling, too, is not to be sneezed at, despite the drought caused by the machine's swift progress. The aeroplane course of treatment is only for seasoned experts.

Blank books of all sorts, ledgers, etc., manufactured by the Bulletin Publishing Company.

## CASTORIA

for Infants and Children.

### The Effects of Opiates.

THAT INFANTS are peculiarly susceptible to opium and its various preparations, all of which are narcotic, is well known. Even in the smallest doses, if continued, these opiates cause changes in the functions and growth of the cells, which are likely to become permanent, causing imbecility, mental perversion, a craving for alcohol or narcotics in later life. Nervous diseases, such as intractable nervous dyspepsia and lack of staying powers, are a result of dosing with opiates or narcotics to keep children quiet in their infancy. The rule among physicians is that children should never receive opiates in the smallest doses for more than a day at a time, and only then if unavoidable.

The administration of Anodynes, Drops, Cordials, Soothing Syrups and other narcotics to children by any but a physician cannot be too strongly decried, and the druggist should not be a party to it. Children who are ill need the attention of a physician, and it is nothing less than a crime to dose them willfully with narcotics. Castoria contains no narcotics if it bears the signature of Chas. H. Fletcher.

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"Your preparation known as Castoria I have used for years in children's complaints and I have found nothing better." JOHN J. LEVY, M. D., Cleveland, Ohio.

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"Your Castoria is a meritorious household remedy. It is purely vegetable and acts as a mild cathartic. Above all, it does no harm, which is more than can be said of the great majority of children's remedies." VICTOR E. COFFMAN, M. D., Omaha, Neb.

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## THINKS REPUBLICANS NEED REFORMING

Editor Evening Bulletin—Now, that reorganization of the Republican Party is being agitated in Honolulu, I would suggest that the movement be not only that of reorganization but of centralization, and consideration of the feelings of our Hawaiian electorate.

The Republican Party has for its backbone the votes of the Hawaiian people but if ridicule, slurs and insults are continuously heaped upon them, I can easily see the total defeat of the Party at our coming election.

Its up to the Territorial Executive Committee to see that harmony prevails in the ranks of the Republican Party, and this, not only in Honolulu, but also in the other counties—Hawaii especially.

In this county the Democrats through a Republican publication are fast creating discord among the Republican Supervisors and the people at large.

In most every issue of the Hilo Tribune all the Hawaiians are treated to a lot of ridicule, etc., but most of it is directed at our Hawaiian Republicans.

The Hilo Tribune is owned and controlled by Mr. C. C. Kennedy and other Republicans, and it's the duty of these gentlemen and of the Republican Executive Committee to stop the Tribune from its continuous nagging at the Hawaiian people.

It's a human obligation to call a man to order when he has strayed from his path, but it's also a foregone conclusion that constant nagging will invariably result in stiff resentment.

Of course, the editor of the Tribune is a Democrat, and it's to his benefit and that of the Democratic Party to create all the discord possible among the Republican ranks, but it's also to the interests of the owners of the Tribune and of the Republican Party to remove all obstacles which in any way try to impede the steady progress of the party.

The Republican Party in this county has never been any too strong and so reorganization, and hard work by the Party leaders, cannot be begun any too soon.

Hoping that decisive steps will be

taken to eradicate the harm done by the Hilo Tribune, allow me to subscribe myself.

A GOOD REPUBLICAN.  
South Hilo, Oct. 21st, 1909.

LILY LANGTRY WINS FAME WITH STORY.

Actress' Book "All at Sea" Is Filled With Wit and Clever Epigram.

LONDON, October 9.—Lily Langtry, now Lady de Bathe, has made a successful debut as a novelist. Her first effort is entitled "All at Sea." It has just been published, is witty, clever and bright, with a plot that would make a good play.

The principal character, Lady Verham, is delightful, with a fine sense of humor. She travels on the same boat with her husband, but they pose as strangers, and hence the complications. Lord Verham is pursued by a title hunting American mother, who wishes him to marry her daughter. The book is replete with aphorisms, of which the following are examples:

"Poor Kit is neurasthenic. That means 'immoral,' doesn't it?"

"Love is a scuffle which marriage turns into a bread and butter pudding."

"Have you ever noticed that every parvenu's favorite among the old masters is Rubens? It must be because the Rubens women are always so fat they think they get more for their money."

"Bella Kemper married a German and left him in a week. She didn't understand his language, and every time he spoke she thought he was swearing at her."

### THRIFTY.

She crept up on his knee and peeped over the sporting page. "Jack," she whispered confidentially, "if you'll just let me have \$6 more to buy that beautiful fall hat in the store today I'll just show you how economical I can be."

"And what will you do, dear?" inquired hubby curiously.

"Why, I'll take all the flowers off of my summer peach-basket hat and trim it with ribbons and you won't have to spend a cent for a new waste basket. Won't that be a saving?"

## GRAND LACE DISPLAY

Over 50,000 pieces of LACE displayed on our tables.

A partial result of our Mr. Kerr's call on the agents of the great lace makers is to be seen in our store these days, when we are showing a grand assortment of entirely new patterns in laces. The assortment is greater than has ever been shown here on any occasion. Note the prices:

**PURE LINEN TORCHON**  
Width from 1 inch to 3½ inches.  
Price, 10c, 12½c and 15c per yard.

This is an excellent value.  
**COTTON TORCHON.**  
Widths from one-half inch to 4 inches.  
Price, 30c per dozen yards and 5c per yard.

**FANCY TRIMMINGS**  
Gold, Pearl and Jet.  
\$2, \$2.25, \$2.50, \$2.75, \$3 and \$3.25 yard.

**FANCY LACE**  
Widths from 1 inch to 5 inches.  
Price, per yard, 10c and 12½c.

**FRENCH VALS**  
Price, 50c and 75c per piece; 10c and 12½c per yard.

**HEAVY TRIMMINGS**  
Band, Insertion, Edging and All-overs to match.  
Prices, 10c to \$5.50 yard.

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